

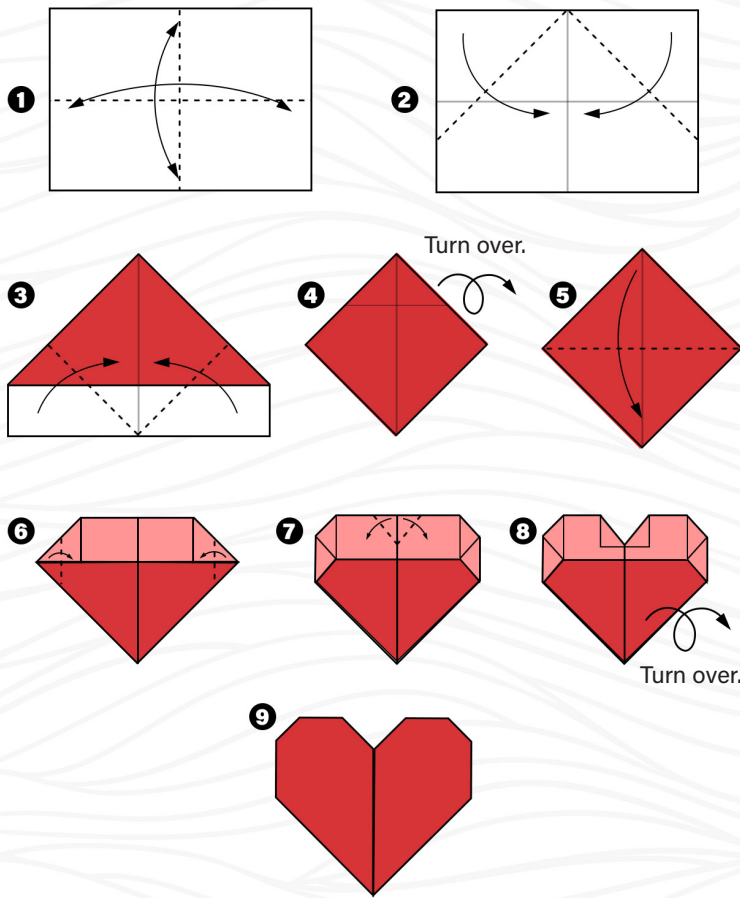
WEST AUSTRALIAN OPERA



Write a message to someone about a piece of music that has inspired you. Was it the words? Was it the melody?

"The language of music is common to all generations and nations; it is understood by everybody, since it is understood with the heart." Rossini, Opera Composer

Fold Along the dotted lines.



A message for...

Lined writing area for a message.

Singing on your own, with a friend or as part of a choir is a great way to Act-Belong-Commit for your mental wellbeing.



Act
Do something



Belong
Do something with someone



Commit
Do something meaningful